BEC Emergency Systems Inc.

PHYSICIAN CHART

Triage Level

Date Time

Presenting Problem: FEVER / **FLU** **Age 19+**

Patient

Estimated Age: Yrs Mths Days

Triage:

Allergies:

T	P	RR	BP	SaO2	WT
			/		

Medications:

2017/18 FLU SAMPLE CHART

CC / HPI

circle positives, backslash (\) negatives

TRIAGE NOTE: • *Reviewed* • *Agree with nursing*

HX. BY: • *Patient* • *Family* • *Paramedics* • *Interpreter*

HX. / EXAM LIMITED BY: • *Not limited* • *Language* • *Acuity* • *Altered mental status*

CARE PTA: • *NONE* • *Antipyretics* • *Antibiotics*

COMPLAINT • *Unwell* • *Fever* • *Flu exposure*

.....

.....

.....

ONSET • _____ • *hrs /days/ wks ago* • *UKN*

PATTERN • *Intermittent / Constant* • *Better / Worse / Same*

CONTEXT • *Recent travel - Middle east* • *Flu exposure* • *poultry worker* •*high risk health care worker* • *contact with recent sick traveller*

.....

.....

SYMPTOMS / SIGNS / ROS NONE

CONST / NEURO • *Rigors* • *Myalgias* • *Arthralgias* • *Headache* • *Neck stiffness* • *Confusion* • *Malaise* • *Fatigue* • *Wt loss*

EENT • *Eye discharge* • *Earache* • *Nasal discharge / congestion* • *Sore throat* • *Difficulty swallowing* • *Photophobia*

CV/RESP • *Chest pain* • *SOB* • *Cough* • *Sputum-clear/coloured*

GI • *Abd pain* • *N* • *V* • *D*

GU • *Dysuria* • *Freq* • *Hematuria* • *Flank pain*

SKIN • *Rash*

.....

INFLUENZA POSSIBLE NO

Influenza in community + T >= 37.8 + cough + otherwise healthy

RISK FACTORS FOR COMPLICATIONS[1] • *NONE* • *Cardiac dz* • *Pulm dz - partic asthma* • *DM* • *Cancer* • *Chronic liver / renal dz* • *Immunodeficiency - HIV* • *Immunosuppressive - transplant/steroids* • *Anemia* • *High risk of aspiration - neuro / cognitive dz* • *BMI > 40* • *Age >65* • *Pregnant or < 4 wks post-partum* • *Lives in rural remote area* • *Resident of long term care home / nursing home* •*Aboriginal*

[1] https://www.ammi.ca/Content/Guidelines/Flu%20%28published%20version%29%20FINAL.pdf

RELEVANT HX NEG

LAST: • *Ate* _____ • *Drank* _____ • *BM* _____

LMP • *DATE* _____ • *NML* • *ABN*

• *IV drug use* • *Valvular heart dz* • *Internal prosthetic device* • *Immunocompromised* • *Alcoholic* • *Asplenic* • *Nephrotic syndrome* • *On chemo* • *On steroids* • *HIV +*

SIMILAR IN PAST • *Chronic condition*

.....

RECENT CARE / Rx • *New/change Rx* • *Saw MD* • *Hospitalized*

.....

OTHER HX NO CHRONIC DISEASES

CONST/ENDOC • ***DM*** *- meds / insulin* • *Thyroid dz* • *Lipids*

CV / RESP • *HTN* • ***CAD*** *- angina / MI* • ***CHF*** • *A fib* • *PVD* • ***Asthma*** • ***COPD*** • *PE / DVT*

GI / GU • *GERD* • *PUD* • *GI bleed* • ***Liver dz*** • ***Renal dz***

HAEM / ONC • ***Anemia*** • ***Cancer*** _____

SURGERY • *Appendix* • *Choly* • *CABG* • *Angioplasty / stent* • *TUR prostate* • *Hyst*

.....

.....

.....

.....

MEDS • *None* • *See RN note* • *Noted above* • *Blood thinner*

.....

.....

ALLERGIES • *NKDA* • *See RN note* • *Noted above*

.....

FAMILY / SOCIAL HX

• *Smoker* ____*ppd* • *Alcohol* ____ *drinks/wk* • *Drugs*

LIVES • *Alone* • *With: spouse / children / parent (s)* • *Home / senior res /* ***nursing home*** */ assisted care*

ADL's • *no assistance* • *some assistance* • *full assistance*

MD Assessment ____:____ **MD Discharge** ____:____ **Signature**_____

© 1999-2017 BEC Emergency

CONSTITUTIONAL — T = tender; S = swelling; D = deformity

APPEARANCE • *Alert* • *Looks well* • *Looks sick*
DISTRESS • *NONE* • *Mild* • *Mod* • *Severe*
VITAL SIGNS • *NML* • *Febrile*
AIRWAY PROBLEM • *NONE* • *Stridor* • *Drooling*
• *Muffled voice* • *Difficulty lying supine* • *Trismus*
SKIN • *NML* • *Clammy* • *Cold* • *Hot* • *Sweaty*
COLOUR • *NML* • *Pale* • *Flushed* • *Cyanotic* • *Jaundiced*
HYDRATION • *NML* • *Dehydration - mild / mod / severe*

HEAD / NECK — WNL

HEAD • *NML exam* • *T* • *S*
EYES • *NML* • *PERL* • *conjunctival injection* • *Scleral icterus*
TM'S • *NML* • *Red* • *Bulging* • *Rt* • *Lt*
NASAL DISCHARGE • *NO* • *Clear* • *Coloured*
THROAT • *NML* • *erythema* • *exudates*
MENINGEAL SIGNS • *NONE*
ADENOPATHY • *NO* • *YES*

.....

CHEST / CVS — WNL

BREAST(S) • *NML* • *T* • *S* • *Erythema* • *Fluctuence* • *Rt* • *Lt*
BREATH SOUNDS • *NML* • *Rales* • *Wheeze-exp/insp* • *Rt* • *Lt*

.....

HEART SOUNDS • *NML* • *S3* • *S4* • *Rub* • *Murmur __ sys/dias*
CHEST WALL • *NML inspection* • *T* • *S* • *D*
PERIPHERAL PULSES • *NML* • *Rt = Lt* • *Decreased / Absent*

ABDOMEN / GENITALIA — WNL

PALPATION • *NML* • *Tender* • *Guarding* • *Rebound*
ORGANOMEGALY • *NONE* • *Liver* • *Spleen*
BOWEL SOUNDS • *NML* • *Increased* • *Decreased* • *Absent*
EXT GENITALIA • *NML* • *Rash* • *Vesicles* • *Erosions*

.....
.....

CNS — WNL

MOTOR FX • *NML* • *Wkness* • *Rt* • *Lt*
REFLEXES • *NML*
GAIT • *NML* • *Limp* • *Unsteady* • *Cane / walker* • *Bedridden*

SKIN / MSK — WNL

SKIN • *NML* • *Rash* • *Lesion*

.....

JOINT(S) • *NML* • *T* • *S* • *Effusion*

.....

PROCEDURES / INVESTIGATIONS / RESULTS

X-RAYS • *Chest* • *Nil acute or*
EDE IVC • *NML* • *Low* • *Indet* • *Time:*
Influenza A/B RT PCR NP swab: • *NO* • *YES*[1]
[1] *•Only if admitted with: • Pneumonia • Asthma exacerbation •ILI*

.....
.....
.....
.....
.....

Viral testing algorithm:
https://www.publichealthontario.ca/en/eRepository/LAB_SD_121_Respiratory_Viral_Testing_Algorithm_and_Enhanced_Surveillance_Update.pdf

Antiviral medication details at:
http://www.publichealthontario.ca/en/eRepository/antiviral_Medication_Influenza_Fact_Sheet.pdf

Patient

Estimated Age: Yrs Mths Days

CBC	CHEM	CHEM	URINE	
☐ NML or	☐ NML or	☐ NML or	☐ NML or	☐ NML or
WBC	Na	Trop	Dip	
HGB	K			
PLAT	Cl		UA	
	Glu		WBC	
INR	Urea		RBC	
D-dimer	Creat	HCG	Bact	
EKG	rate	NSR / a fib	LBBB	RBBB
		no change		nil acute

INFLUENZA ANTIVIRAL TREATMENT

INDICATIONS: • *High risk for complications / worsening status*
• *Hospitalized for ILI* •*Treat / prevent flu outbreaks in institutions*
TREATMENT: *(optimal if symptom onset < 48 hrs but anytime if hospitalized)*
Oseltamivir(Tamiflu)75mg PO q12h x 5 days (reduce dose if renal dz)
*OR **Zanamivir inh** 10mg q12h x 5 days (not recommended if asthma / COPD)*
PREVENTION: *Oseltamivir75mg OD x 10 days or until outbreak over*

MEDICAL DECISION MAKING / COURSE

CONSULTS / CALLS **Time:** .....

.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....

DISCHARGE

DISCHARGE • *Instructions* • *Rx - Oseltamivir*

.....

DISPOSITION • *Home* • *LWBS* • *AMA* • *Admit*
F / U • *Own MD* • *As necessary* • *Referral made* • *ER*

.....

CONDITION • *Improved/ Worse/ No change* • *Stable/ Unstable*

IMPRESSION / DIAGNOSIS — Note: Dictated / attached

• *Influenza* • *URTI* • *Pneumonia* • *COPD exacerbation* • *Pharyngitis*

.....
.....
.....

© 1999-2017 BEC Emergency

MD Assessment ____:____ MD Discharge ____:____ Signature_____